

# Marvellous Me



**Staying Healthy**  
 fruit vegetables  
 water daily routines  
 exercise sport  
 healthy mind set  
 balanced diet



## Questions to ask ...

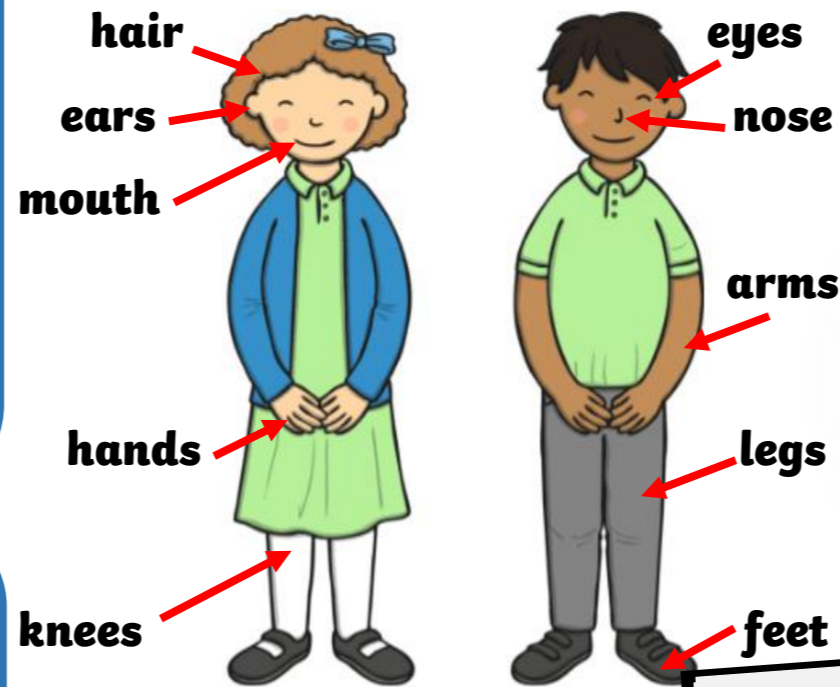
- What do you look like?
- Who is in your family?
- Where do you live?
- What is your home like?
- Where do you like to visit?
- Do you have a favourite toy? Why is it your favourite?
- What do you enjoy doing?
- What do you find tricky?
- Do you have a favourite food? Why is this your favourite?



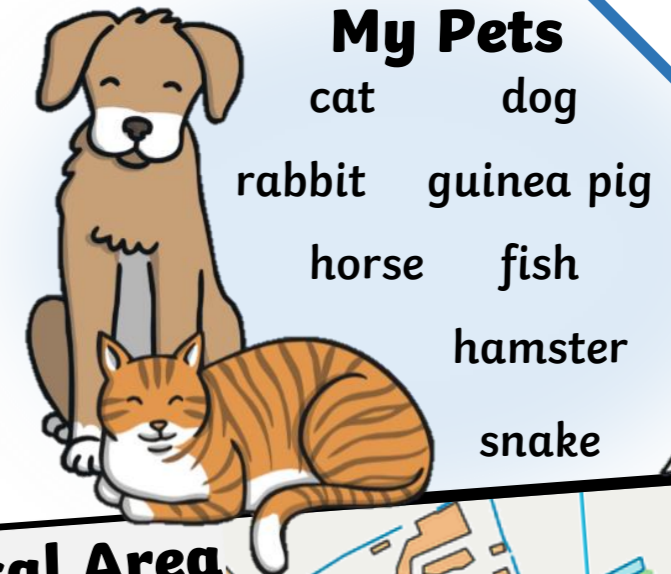
## At the end of this topic I will be able to...

- Talk about myself with increasing confidence
- Say what I am good at and begin to think about what I would like to get even better at
- Begin to understand that we are all different
- Name basic parts of their face and body
- Talk about my family and friends
- Talk about where I live and what I enjoy doing when out and about
- Discuss keeping healthy (including, eating, exercise and daily routines)

## Me and My body



## My Pets



## Key Objectives

### Physical Development

Observes the effects of activity on their bodies.

### Personal, Social and Emotional Development

Initiates conversations, attends to and takes account of what others say.

Can describe self in positive terms and talk about abilities.

### Understanding the World

Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family.

### Expressive Arts and Design

They represent their own ideas, thoughts and feelings through design and technology, art, music, dance, role play and stories (ELG).



## My Family



Mum Dad  
 Brother Sister  
 Nan Grandad  
 Aunt Uncle  
 Cousin  
 Step-Family

## My Local Area

