



Special Needs
And Parents

SNAP Helpline: 01277 211300

For full details and areas of support offered please follow the link:

<https://www.snapcharity.org/>

If you have a child between 0 – 25 years who has any special need or disability and you live in Essex, then we are here for you and your family.

No formal diagnosis or professional referral is necessary to access SNAP services.

Registered Charity Number: 1077787

From its Brentwood base, SNAP offers a helping hand to thousands of families who need support in a variety of ways.

No formal diagnosis or professional referral is necessary to access SNAP services, available to families with children and young people aged 0 to 25. Facilities at the centre include a training room, a multi-purpose activity hall, multi-sensory room and specialist IT suite.

SNAP's aims are to inform, encourage and support parents so that they can grow in strength and knowledge and become better equipped to give the best possible help to their children.

The SNAP Centre offers a wide range of services

Parent Advice and Support

- Helpline (email and telephone)
- Face-to-face Parent Support
- Specialist Talks and Training Courses
- Library of Specialist Books and DVDs
- Online SNAP Directory and Information Network
- Counselling
- Education Advice Sessions

Activities

- Parent and Pre-school Children's Sessions
- Yoga, Drama and Activity Groups
- Music Therapy
- Holiday Sessions
- SNAP+ (for older children and young people)
- Sibling Support
- Multi-Sensory Room
- Specialist IT Suite